

## The Matter of Fees

Our fees for Estate management are often less, never more, than those allowed an individual. When you name this bank in your Will as Executor or Trustee, you take a wise step for the future welfare of your family.

## THE NORWAY NATIONAL BANK

Oldest and Strongest National Bank in Oxford County, Norway, Maine.

## SHOES

for all occasions and for every member of the family.

Also a complete line of

## CANVAS SHOES

for vacation wear

## W. O. FROTHINGHAM,

South Paris

## More Than Twenty Thousand Dollars

was added as interest to the accounts of depositors in this Bank during the past year. If you are a depositor you will participate in this distribution of money.

Join the Home Guard of Systematic Savers

ONE DOLLAR STARTS AN ACCOUNT

## South Paris Savings Bank

J. HASTINGS BEAN, Pres. GEORGE M. ATWOOD, Treas.  
Trustees—N. Dayton Bolter, J. Hastings Bean, A. W. Walker, Edward W. Pease, Harry D. Cole, Charles H. Howard, Hanso H. Cushman, Nelson G. Elder.



HILLS  
Registered Optometrist and Optician.  
Eyes examined, glasses fitted, adjusted and repaired.

No Fancy Prices

WINDSOR  
The most beautiful spectacle frame in America.

## UNDERWEAR

FOR COOLER DAYS

When the leaves are about all off the trees as they are at this time of the year—why it just makes us think of warmer underwear. Our Underwear department offers you the widest possible range for choice in materials and prices. It is the kind that sells on appearance and satisfies with wear. The winter line is now here and we want the Man that has had trouble in finding the kind of Underwear that suits him to come in and glance over the remarkable assortment that we are showing. The price range is such that every Man can be sure of being absolutely satisfied.

## Eastman &amp; Andrews

Clothing and Furnishings  
31 Market Square, South Paris.

## WANTED.

Man to work on farm for seven months. Small rent could be furnished if wanted. Address A. B. C., Democrat Office, South Paris.

## FOR SALE.

At 34 Western Avenue, South Paris, an oak bed and bureau, refrigerator, wash bench, child's high chair and crib and two bicycles.

## AMONG THE FARMERS.

"SPREAD THE FLOW."

## PICKERING SPRAY OR BORDEAUX MIXTURE

For more than twenty-five years the Maine Agricultural Experiment Station has been investigating potato diseases and their control. The late blight which is so often followed by rot was the worst fungus trouble twenty years ago. The effect of control of this disease was shown to be practicable by the thorough application of properly prepared Bordeaux mixture. The efficiency of Bordeaux mixture depends upon the copper that it carries. When in 1916 the price of copper sulphate rose to greatly the Federal Bureau of Chemistry and Plant Industry in cooperation with the Maine Station began studies looking toward a lower cost fungicide than Bordeaux mixture. Previous investigations had failed to discover any fungicide which could replace copper sprays for late blight of potatoes. As the search for a new spray seemed unpromising it seemed advisable to seek for a copper spray which should be more effective per unit of copper than the standard Bordeaux mixture and at the same time not sufficiently caustic to injure foliage.

A spray to be effective must so distribute the copper compound it contains as to completely cover the leaves of the potato plant in a thoroughly uniform manner and must possess the right adhesive qualities. Lacking either of these qualities the spray fails to protect the plant from the fungus.

Lime is only slightly soluble in water. When quick lime is slacked with an abundance of water and is allowed to stand most of the slacked lime settles to the bottom. The water above this will however contain a small amount of lime in solution. This solution is made and sold at drug stores as "Lime water."

If the solution that settles in either thoroughly it is mechanically suspended in the water and is known as "Milk of Lime."

Bordeaux mixture is made from dissolved copper sulphate and slacked lime. At the Woburn England Experiment Station they tried making a spray with copper sulphate and lime water. These were called "Bordeaux" in the name of the investigator, Pickering sprays, and limited work in England showed them in some particular superior to standard Bordeaux mixture made with the milk of lime. It was claimed, and corroborated by other investigators, that Pickering sprays remain in suspension far better and longer than standard Bordeaux mixture, that they have a larger covering capacity, that the film on the foliage does not deteriorate as fast as that from standard Bordeaux, that it acts more quickly, is free from gritty particles. On the other hand as tried out in Victoria (Australia) the Pickering spray was found to be inferior to the results obtained by Pickering and laboratory conditions in England would hold true under American field conditions a great saving in copper would result, by the investigation by the Federal Department of Agriculture was planned in cooperation with the Maine Station. The experiments were conducted with the following objects:

To determine whether Pickering sprays were effective when applied to potatoes under Maine field conditions.

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## Oxford County in the Census.

Samuel L. Rogers, director of the census, has made public the following figures in regard to farms, farm crops and animals in Oxford County. They are given by town and by year.

The figures given are interesting, but not very encouraging. There are, according to these figures, 776 less farms in Oxford County than there were twenty years ago, or a loss of 20.5 per cent. The value of the farms, however, has increased, and the number of tenanted farms has decreased.

The figures are given below, and readers are asked to note the deduction from them as they are able:

Year 1900 1910 1920

Farms 1,000 900 800

Value of farms \$1,000,000 \$1,200,000 \$1,400,000

Value of farm crops \$1,000,000 \$1,200,000 \$1,400,000

Value of farm animals \$1,000,000 \$1,200,000 \$1,400,000

Value of farm buildings \$1,000,000 \$1,200,000 \$1,400,000

Value of farm land \$1,000,000 \$1,200,000 \$1,400,000

Value of farm improvements \$1,000,000 \$1,200,000 \$1,400,000

Value of farm machinery \$1,000,000 \$1,200,000 \$1,400,000

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Value of farm implements \$1,000,000 \$1,200,000 \$1,400,000

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## The Close of the Court.

A TERM OF MUCH BUSINESS, INCLUDING A LONG LIST OF DIVORCES.

The October term of Supreme Judicial Court came to an end on Friday. It was a very busy term during the term of the court, and as usual, the work done is not to be measured by the number of cases which were given to the jury.











**WE TELL SOCONY MOTOR GASOLINE**

STANDARD OIL CO. OF N.Y.

The sign of a reliable dealer and the world's best Gasoline

The old Powder House, Marblehead, Mass. It was built by vote of the town in 1755 and was used for storing ammunition in the French and Indian War, during the Revolution and in the War of 1812.

Every motor highway and byway throughout picturesque New England and New York is a part of the long "Socony Trail".

## Dealers Who Sell Socony Gasoline

<b>South Paris</b>	<b>Welchville</b>
Ripley & Fletcher	P. G. Barrett
Paris Auto Sales Co.	
F. B. Fogg	<b>West Paris</b>
Cole-Wiggin Co.	C. H. Young
Oswell's Garage	H. L. McKen
A. C. Maxim	I. W. Andrews & Son
	Geo. E. Boutelle
<b>Paris</b>	<b>North Paris</b>
C. M. Johnson	Howard McAlister
	Wheeler Lumber Co.
<b>Norway</b>	<b>Bryant Pond</b>
Norway Auto Company	M. C. Allen
Beck's Garage, N. U. Greenlaw, Prop.	L. W. Titus
Hosmer Bros.	William Ellery
Ulmer Installment Co.	E. C. Penham
H. L. Drake	G. W. Q. Penham
M. W. Sampson	
A. P. Bassett	<b>Locke's Mills</b>
E. E. Witt	E. L. Tebbets Spool Co.
M. T. Doughty	
<b>Waterford</b>	<b>Bethel</b>
L. R. Rounds Co.	Herrick's Garage
W. W. Fillebrown	R. E. Crockett
	G. L. Thurston & Son
<b>South Waterford</b>	Bethel Inn
W. K. Hamlin	I. L. Carver
	J. A. Thurston
<b>North Waterford</b>	Merrill Springer Co.
W. S. Perkins	Arthur Herrick
Harry Brown	J. P. Skillings
<b>East Stoneham</b>	<b>West Bethel</b>
W. H. Brown	W. J. Douglass
	H. N. Head
<b>Bolster's Mills</b>	<b>Gilead</b>
Stuart & Gay	George E. Leighton
	W. R. Kimball
<b>Oxford</b>	
Lord & Starbird	
J. B. Robinson	
Naimey Bros.	

## HOMEMAVERS' COLUMN.

Correspondence on topics of interest to the ladies is solicited. Address: Editor, HOME-MAVERS, 1000 N. Oxford Street, South Paris, Me.

### Making Apples Your Medicine Chest.

(By F. M. Christensen.)

There may be as good fruit as the apple, but there is none better. The natural keeping qualities of the apple make it the people's fruit. There are hundreds of ways in which apples may be used; they are good fresh, canned, dried, fried, made into apple-butter, jellies and jams.

Apples, when well grown and mature, are of fine flavor and texture, some varieties excelling others. To use apples before they are ripe is a foolish and wasteful as it is to burn green wood.

The fruit chosen should be sound and well flavored, and then it is not necessary to add flavors; indeed, "doctoring" detracts from the dish.

Apples are rich in water, proteins, acids and carbohydrates; they have considerable cellulose. They contain organic acids and essential natural salts, chief of which is potassium, the great cell-tissue food. This is that keeps body, bone, blood and nerve, in good working order. Potassium is a metallic, alkaline element in the composition of the blood, and is a powerful enemy of disease germs.

Apples are nutritive; the cellulose they contain helps digestion by giving bulk to the diet.

In the fully ripened fruit the starch has been converted into sugar; thus the sweeter apples are the more valuable.

The eating of apples produces the same good results as buttermilk in relieving and curing such ailments as gout, rheumatism and indigestion.

Aromatic apples are more pleasant for eating raw, but there are so many ways with this universal fruit that those who do not relish them raw can eat them cooked, baked, stewed or fried.

Is not an apple just plucked from the tree something sugar?

When you eat an apple you may think to yourself that you are eating sugar, gum, albumen (protein), malic and citric acids, phosphorus, potassium, fibre and water. If you eat too much meat at dinner, you may correct the error by eating apples during the afternoon.

Apples are the finest of comestibles; a generous apple diet will clear your skin, give you bright eyes and drive out all humors from the system.

The phosphorus renews the brain cells and spinal marrow. The ancients esteemed the apple Ambrosia—the food of the gods. The apple in their estimation was the Elixir of Life, the Magic Renewer of youth, and so they ate apples whenever they felt themselves growing old or feeble. It is well known that starchy foods, like potatoes, are useful in all dietaries, but if you want quick results, sugar must be used and plain sugar is the poorest form in which it can be given; to eat it in the form of apples is highly beneficial. Proteids add fats are not enough for proper diet; there must be sweets and when any issue has been exhausted, sugar will restore the energy quickly; therefore, eat apples.

Farmers often permit horses to run in the orchards in the fall to clean up the apples, left after the crop has been gathered, and it is remarked how fat and fine and sleek the horses get after just a few weeks on a generous apple diet; while milk cows, fed on good ripe apples, greatly increase their milk yield, which is not only richer, but of finer flavor.

To eat apple sauce with roast pork and sausage is more than custom; it is based on good psychology.

Fritters made with apples are the Danish national dish. And a fritter is not a fritter unless it is dry and crisp, and thoroughly cooked through.

Grandmother did not think she could make mince meat without apples and boiled cider, which was prepared by reducing four quarts of new sweet cider to two quarts by boiling. It gave an added richness and consistency to the mince meat.

Barberries and mountain ash (rowan berries) make an exquisitely bright-colored, tart jelly, that goes so well with most dishes made up separately, but either is much improved, in my estimation, when combined with apples.

A pie plate, full of baked sweet apples, is a rare dish to provide for the pupil who must sit up at night to prepare his lessons.

A good, clean, light, fly-proof attic is an ideal place to dry apples. The sliced fruit is spread out on a small-covered hanging shelf, windows opened, and the warm breeze does the drying. They require turning about twice a day. When dry they are packed in tin or glass containers. We like apple sauce made from apples of our own drying. To prepare the sauce, a pint of dry apples is washed and put to soak in cold water overnight. In the morning they are put on the stove to cook in the water in which they were soaked and a handful of seedless raisins is added, and brought to a boil quickly and allowed to cook slowly till done. Then sufficient sugar is added and the dish is just brought to a boil again and removed from the fire.

Apple Honey—Cook well-flavored apples to a mush and put through the colander. Return apple pulp to fire, and add, at least, one cup of sugar to one cup of pulp and let it boil up for a few minutes. Remove from fire and beat till cool. It is so rich, fine grained and sweet it is rightly called honey, and has the exquisite apple flavor.

Fried Apples—Select large, well-flavored apples (without paring), and cut into eighths and fry the drippings from beefsteak. These are a delicious and appetizing garnish to the dish.

Apple water like rhubarb water, made by cooking the fruit in lot of water and draining off the water and cooking it up with sugar, makes, when cold water is added, a nice drink for a hot day.

Encourage the youngsters to spend their pennies for apples rather than candy. Teach them to eat apples, not only by precept, but by example.

Apples are a cheap fruit even at 12 cents a pound.

Know the varieties of apples. Buy apples by the quantity. Eat at least one apple a day.

For Kitchen and Laundry.

If you have put too much soda in your batter-bread, and have no sour milk or clabber, correct the soda with a little vinegar.

To remove ink stains from the floor (whether fresh stains or dry ones), pour on a little vinegar and rub with a rough cloth. When the spots are removed, wash off the vinegar.

To remove mud from white goods, mix equal quantities of soap and starch into a soft paste with a little warm water. Spread it on the cloth and lay it in the sun, sprinkling with water when it becomes dry. Keep this up for a day or two and then rinse the garment, and if the mildew is not entirely removed, continue the process until it is.

To remove soda stains from matting: Mix lemon juice with water in which water has been dissolved, and pour it on the matting, put a little vinegar in water and wash the spot immediately, and the yellow stain will disappear.

To remove iron-rust, dampen the spot with water, rub with a lump of citric acid, and lay in the sun. If the spot is a bad one, and does not disappear by the time the cloth is dry, dampen and lay in the sun again. If the spot still remains after renewing the water several times, then rub again with the lump of citric acid, and repeat until successful. In removing spots from a delicate fabric, it is better to dissolve the acid in a little water, and dampen the spot with the solution.

Most women nowadays "shrink" gloves and other wash materials before having them made up; it moves "fitting out home," etc. Salt water is the common medium. Try adding two table-spoonsful of turpentine to your bucket of water, as well as half a cup of salt; your goods will come out with colors bright as new. The water should be poured upon the goods hot, and left until cold. The goods are then washed without wringing, and allowed to dry dry.

## Father Says Why He Is For Son for President

(By F. M. Christensen.)

Indianapolis.—Dr. George T. Harding, seventy-six years old, father of Senator Harding, came here from Marion to attend the National G. A. R. encampment. He is the surgeon general of the Ohio Department of the



(Copyright by Drexler, Indianapolis.) DR. GEORGE T. HARDING.

G. A. R. He served in the Civil War as a private in the 18th, Ohio volunteer infantry, enlisting at eighteen.

"When Warren is elected President the country will get a good, honest man who sympathizes with the common people. He was reared that way. He had a noble Christian mother and he was brought up under her fine influence."

Dr. Harding is hale and hearty and has use for neither glasses nor a cane. This was the fifth national encampment he had attended. He was the center of interest among his 60,000 comrades who attended the encampment.

VOTERS ENCOUNTER NO DIFFICULTY CHOOSING BETWEEN CANDIDATES

Washington.—The American people are carefully making a close comparison right now between Senator Harding and Governor Cox. The choice between these two men and the policies they represent is not a difficult one and the writer honestly believes the American people have their minds made up and are ready to vote.

Senator Harding and Governor Cox are almost diametrically opposed to each other in everything. Senator Harding stands for Americanism and Governor Cox espouses internationalism.

Harding is cautious about what kind of a league he and his party go into while Cox wants to wade right into the European league as proposed by President Wilson.

Senator Harding is careful, deliberate, dignified, sincere, serious and constructive, while Governor Cox is crafty, quick to seize upon any kind of an artifice; he is bombastic and impulsive.

Senator Harding has been a life time accumulating a moderate fortune while Governor Cox jumped into the multimillionaire class in a few years. Harding lives modestly and quietly in an unostentatious manner while Governor Cox lives in luxury on a large estate in a home costing half a million dollars.

American Red Cross Roll Call.

The Fourth Annual Roll Call of the American Red Cross will be held this year from Armistice Day, November 11, to Thanksgiving Day, November 28, inclusive. During this period the men and women of the United States will pay their annual dues and renew their membership.

On Trial.

Customer—I'm mighty particular about how my hair is cut. Do you think you can do a good job on it?

Barber—Well, I'm reckoned fairly decent, but if you want I'll do one side of your head first so you can see how you look.—American Legion Weekly.

## Coal-Steam Power vs. Water Power Costs

as Shown by the Cost of Pumping Water in Bath

1918	\$20,303.80	9 1-2 months with coal and 2 1-2 with electricity
1919	\$10,590.26	12 months with electricity.
	\$ 9,713.54	Saving from use of electricity

(Report of Superintendent Walter F. Abbott, Bath Water District)

**M**ANUFACTURERS who use steam to turn the wheels of their factories are today facing figures like these above—with the full knowledge that coal conditions will never be much better and before long will be worse.

The easily mined, high-grade coal in the East is dwindling! Industries must move where water power is available.

Industries will come to Maine—IF WATER POWER IS DEVELOPED. They will bring property, pay rolls and prosperity to the Pine Tree State.

## Will YOU Profit if YOUR TOWN Profits?

If so, then your own pocket book is directly affected by the development of Maine Power.

Why not invest, therefore, in Central Maine Preferred—the security which Maine investors are buying to finance the development of Maine power.

At any rate, will it not pay you to use the coupon and learn more of what Central Maine Power Company is doing to promote the prosperity of Maine and to furnish a safe investment for Maine people?

**Central Maine Power Co.**  
Augusta, Maine

Please send me information about your security and the savings plan for buying it.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
O. D. 10-28-20

## Who Wants an Imitation?

WOULD you call on your local merchant and ask him for "imitation" sugar, or raisins, or coffee? Would you ask him to sell you a pair of shoes made of something "just as good" as leather? Or a suit of clothes "made for" a man, whether or not it fits you?

## Get the Genuine International Repairs

When you need repairs for your IHC Farm Equipment, buy the genuine repair. See that this trade-mark appears on each piece.



Genuine IHC repairs are made from the original patterns—all others are copied from copies. Genuine IHC repairs are made of the same material, have the same finish, fit as accurately, and wear just as long as similar parts purchased with the original implement or machine.

## We are the Authorized IHC Dealers

There is one certain and infallible way to secure genuine IHC repairs—buy them from us. And remember that international service, rendered by us, can only be 100 per cent right when international machines are equipped with genuine international repairs.

A. W. Walker & Son, South Paris

## STATE OF MAINE.

To all persons interested in either of the estates hereinafter named:

At a Probate Court at Paris, in vacation, and for the County of Oxford, on the sixth day of October, in the year of our Lord one thousand nine hundred and twenty.

The following matter having been presented for the action thereupon heretofore indicated, it is hereby ORDERED:

That notice thereof be given to all persons interested, by causing a copy of this order to be published three weeks successively in the Oxford Democrat, a newspaper published at South Paris, in said County, that they may appear at a Probate Court to be held at Rumford on the first Tuesday of November, A. D. 1920, at 9 o'clock in the forenoon, and be heard thereon if they see cause.

Benjamin F. Glover, late of Canton, deceased; petition that Ernest C. Glover be appointed administrator of the estate of said deceased to act without bond presented by said Ernest C. Glover, son and heir.

Joseph A. Arnold, Sr., late of Peru, deceased; final account presented for allowance by William S. Arnold, executor.

Witness: A. DUBOIS, J. HERRICK, Judge of said Court at Paris, this sixth day of October in the year of our Lord one thousand nine hundred and twenty.

ALBERT D. PARK, Register.

## STEADFAST CONFIDENCE

The Following Statement Should Form Conclusive Proof of Merit to Every South Paris Reader.

Could stronger proof of the merit of any remedy be desired than the statements of grateful endorser who say their confidence has been undiminished by lapse of time? These are the kind of statements that are appearing constantly in your local papers for Doan's Kidney Pills. They are twice-told and confirmed, with new enthusiasm. Can any reader doubt the following? It's from a South Paris resident:

"I was troubled at different times by rheumatic pains and I felt as if my kidneys needed attention. Doan's Kidney Pills greatly relieved me and I have been feeling much better since."

LASTING RESULTS.

EIGHT YEARS LATER Mr. Schoff said: "I still have confidence in Doan's Kidney Pills. They have brought permanent benefit in my case."

Price 60c. at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the name that Mr. Schoff had. Foster-Milburn Co., Mfrs., Buffalo, N. Y.

Lemon Juice.

Lemon juice will whiten the skin and remove stains from the hands. Lemon juice will allay the pain from insect bites. Lemon juice and salt will remove rust, ink and fruit stains from white goods.

The Crucial Test.

A man isn't really henpecked until his wife can make him go upstairs and change his socks after he has put on his hat to go out.—Arkansas Thomas Out.

He Never Loses It.

Just think: says the only member of the old town band who after all these years hasn't completely lost his technique is the bass drummer.



## Any room a cozy corner—in a few minutes

It isn't necessary to "rush" the heater a half hour just to make the room one you want to use comfortable. Drafts will seep in through window sashes and door jams. But you needn't heat up the whole house just to keep your favorite corner safe and cozy.

A Perfection Oil Heater between you and the window or door will make drafts warm and healthful.

Thousands of families find "Perfection" heating most economical.

It is an expensive luxury to keep seldom-used rooms and hallways heated all the time. Keep the house warm all over

with your furnace or steam heater, and then bring the room you're going to use up to 70° or 72° with a Perfection Oil Heater.

The Perfection is so convenient that it has a score of practical uses—drying clothes on rainy days; heating water for shaving; getting up in the morning; in the sewing room.

Progressive hardware, housefurnishing and department stores sell Perfection Oil Heaters—blue or black finish, with or without nickle-plated trimmings. Burns about 10 hours on a gallon of kerosene. Let your dealer show you one.

For best results use Socony Kerosene.

## PERFECTION Oil Heaters



STANDARD OIL CO. OF NEW YORK

## HILLS JEWELRY STORE

B. L. HUTCHINS, Proprietor  
Watchmaker and Jeweler  
Watch Inspector for Grand Trunk R. R.



For correct standard time call 120-2.

Diamonds, Watches, Clocks, Jewelry, Cut Glass, Etc.

We do all kinds of watch and jewelry repairing. Complicated work a specialty. PROMPT RETURNS.



Opera House Block, Norway, Maine.

**bright eyes one cent a dose**

Dull, listless eyes indicate ill health with a consequent low state of vitality. Give the sick one renewed hope of speedy recovery and the eyes will sparkle in anticipation. Many, many people in this good old state have been saved from serious illness by the timely use of "L. F." Atwood's Medicine. Many have been relieved of distressing attacks of indigestion, nausea, biliousness, diarrhoea, and feverish colic by carefully following directions on the label. Many testimonials of remarkable cures are on file at the office of the "L. F." Medicine Co., in Portland. The remedy is guaranteed to satisfy. Buy today and safeguard the family health. Have bright eyes only in your home.

OASTORIA For Infants and Children. Bears the Signature of Dr. H. H. Atwood.

I have some very fine plants in blossom. Cinerarias, Primrose, Cyclamen and Begonias.

E. P. CROCKETT, Florist

Greenhouse, Porter Street, South Paris Tel. 111-3